

**TUESDAYS
2-3PM**

we **BELIEVE** *you*

A support group for survivors of gender-based harm, offering community-building, support, and healing through weekly topics



EXPLORE TOPICS LIKE:

- SELF-CARE
- BOUNDARY-SETTING
- EMPOWERMENT AFTER TRAUMA

**WOMEN'S,
GENDER, &
EQUITY CENTER**

**COMMONS
SUITE 004**



For more information or to request accommodations, email us at womenscenter@umbc.edu or call us at 410-455-2714.